





## Enhance Stimulate Trust while Exploring new forms of Entrepreneurship Modules









# **Goal and main activities**

Develop innovative methodologies to encourage and support professional diversity in the craft sector.

Study of the psychological codes and cognitive aspects of a business leader

Innovative modules around female leadership

Role-plays to encourage good analytical practices between business managers

Educational activities and tools to increase entrepreneurial skills and facilitate the access to financing

#### **Duration:**

24 months (Oct 2020 - Sept 2022)

### Partnership:

- CMA Auvergne-Rhône-Alpes (France)
- APECVA (Spain)
- ISCTE (Portugal)
- TDM 2000 International (Italy)

**Sponsor:** ESTEEM is co-funded by the ERASMUS + programme













# Study of the psychological codes and cognitive aspects of a business leader

### DR. ANTONIO NÚÑEZ PRATS







Gender equality is a relevant topic in the different plans of the United Nations.

This is represented on the 2030 Agenda (United Nations, 2020), where the fifth goal is: "Achieve gender equality and empower all women and girls", remembering the importance of breaking with the gender stereotypes and prejudices for the sake to advance or achieve this gender equality.













- To study the biopsychosocial criteria influencing the profile of entrepreneurs
- To develop a study report relating to the psychological codes and cognitive aspects of a business leader (woman or man)
- To make a differential evaluation focused on women and, consequently, be able to develop proposals for change and personal development.

























# Basic conclusions comparing qualitative and quantitative data

- 1. Women in the groups studied are just as entrepreneurial as men, they have the same perception of low self-efficacy as men, the same entrepreneurial skills, emotional intelligence and an equal awareness of the barriers that being an entrepreneur implies.
- 2. 48% of the people evaluated refers have no information about the type of support available and / or about the organizations that offer it. There is a lack of information to entrepreneurs.
- 3. The age and the academic level is not related to entrepreneurship abilities or skills. Any age and academic level is good to undertake projects
- 4. There are no differences between men and women in any of the psychosocial variables studied.
- 5. Self-efficacy correlates highly with the other skills and abilities
- 6. Emotional Intelligence is another important psychosocial factor













# **Recommendation for the future activities**

- 1. Psycho-social factors (Self-efficacy, emotional intelligence, control of the environment and perceived barriers) are the priority to train in order to improve women entrepreneurs.
- 2. Develop clear, simple and effective improvement strategies to develop these psychosocial factors.
- 3. Adapt the evaluation and subsequent intervention to national characteristics
- 4. Develop communication strategies, both institutional, organizational and social, to raise awareness and to promote support and training programs













## Design and experimentation of innovative modules around female leadership

DR. CÁTIA MIRIAM COSTA







Design and experimentation of innovative modules around female leadership that can stimulate women to develop and lead their businesses

To learn how to build and keep trust in business relationship To learn how to face and overcome challenges To understand what is a leader and how to be a leader

### Activities developed:

- Literature review of the obstacles and opportunities for female entrepreneurship
- 3 modules for pilot training:
  - Being a Leader
  - Building (or recovering) Trust
  - Overcoming Challenges
- Coaching individual sessions



### TOOLKIT













## Modules' Index



I. INTRODUCTION

**II. BEING A LEADER** 

III. BUILDING (OR RECOVERING) TRUST

**IV. OVERCOMING CHALLENGES** 

Available here





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# How can this toolkit contribute to female leadership?



### TRAINERS SKILLING: INTRODUCTION TO THE MODULES

- The toolkit is versatile and can be easily adapted to different publics;
- It offers materials to help to skill in specific areas, combining the theoretical results of the project with practical exercises;
- It reinforces leadership through the identification and overcoming of challenges and actions to build trust while providing knowledge about the kinds of leadership;
- It is designed specifically for women's entrepreneurship, although it can be applied to every gender.

























# Results training





## Encouraging good analytical practices between business managers

### SALOME BELAIR







- **Objective**: Set up good analytical practices between business managers, notably women, to break the entrepreneurship isolation
- **Our proposal** : Roleplay workshops where entrepreneurs interact in various business situations (business negotiation, HR management, financial meetings,...)
- Our Process:



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# Key aspects of ESTEEM role-plays

- **Format:** preferably in person
- Size of the group: preferably small, 6-8 people in total to make comfortable the main players and allow an open and rich discussion
- **Participants:** max 4 future (or newly established) business managers who are playing their own roles; 1 or 2 role models; 1 (or 2) moderators, who facilitate the role play and provide the individual feedback
- Number of scenarios: max 3 different scenarios per role-play/collective workshop

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- **Duration:** Each scenario shall take 10-15 minutes to be played. Every scenario is played by a different future business manager. The role model can be played by the same person for all.
- Immediate feedback (after each scenario): 10 minutes per scenario, including an auto-evaluation from the main beneficiary of the activity, i.e. the new business leader; the feedback from the observers (the rest of the audience) and the role model.
- **Final wrap up session**: Global review of the activity, with feedbacks and recommendations for future improvement of the workshops from all the participants











# **Topics and feedbacks**

Personal feedback : A few days after the workshop we offer a personal feedback to each beneficiary

This feedback includes:

- An individual meeting with a workshop moderator
- An observation report that reveals the strengths and weaknesses of the entrepreneur in terms of entrepreneurial posture
- A review of the video recording to analyse the entrepreneur's behaviour with him/her (when accepted by the beneficiary)

#### Topics developed for the roleplays:

3 sessions with different topics

#### **Commercial negotiation**

- Meeting with a supplier
- Meeting with a client
- Meeting with a partner

### HR management

- Job interview
- Dealing with a conflict between empoyees
- Annual report

### **Financial skills**

- First contact with a bank to access funding
- First contact with a bank to open a bank account













#### Number of pilot sessions :

3 per partner (Fall 2021, Spring 2022, Summer 2022)

#### Lessons from pilot experience:

- Effective exercise to strengthen key soft skills such as self efficacy, self esteem and communication skills
- Brings the possibility for future entrepreneurs to test themselves before achieving some milestones (commercial pitch, banking appointment, job interview etc...)
- Opportunity to network with other future or new entrepreneurs and have a support system

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#### **Deliverables:**

A methodological document completed by a practical toolkit on how to create and lead a roleplay workshop (script template, observation report model, etc...)











# Facilitate the access to financing solutions

### **IRISA HASANI**







### <u>Overall goal</u>

To provide the target groups with the capacity to expand & empower their entrepreneurial projects/ideas to become valuable, recognized by the donors, and therefore facilitate the funding.

### Target group:

- Entrepreneurs (established and future);
- Educators on the topics of entrepreneurship;
- Coach, mentors, and business counselors who follow people who would like to establish/improve their entreprise.



























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## RESULTS

1- Training in each country (June – September 22)
over 85% satisfaction rate from the participants

2- Manual with Educational Modules to increase entrepreneurial skills (based on NFE)

7 Modules, over 40 activities & workshops

3- Catalogue of various financial tools useful to the entrepreneur (local and European)



over 40 tools identified



## The experience of

### CLÁUDIA MATEUS







### Thank you for your attention !

All tools and publications are available on the project's webpage on



