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The present training modules are aimed at fostering women's skills for leadership and entrepreneurship and result from the work carried out during the ESTEEM project phases 1 and 2. The main aim of this project is to enhance and stimulate trust for female entrepreneurship while exploring and developing innovative methodologies to support the creation of craft businesses.

The modules draw on two specific outputs: on the one hand, a study of biopsychosocial criteria influencing entrepreneurs' cognitive profile, its impact on organizational strategies and entrepreneurs' ability to activate creative keys for change within their situational context (IO1); on the other hand, a literature review on entrepreneurship, offering a wide set of perspectives on entrepreneurship, transversal to different societies, through which general trends could be related to project's previous results regarding entrepreneurs' cognitive profiles.

**Please note:** *ESTEEM – Strengthening and Stimulating Confidence in the Exploration of New Forms of Entrepreneurship Modules* is a project funded with support from the European Commission (Project Number: 2020-1-FR01-KA202-080354). This publication reflects the views only of the author, and the Commission cannot be held responsible for any use, which may be made of the information contained therein.



## Guidelines for implementation of Module II – Being a Leader

Link presentation online:

[https://www.canva.com/design/DAE9yatwxMc/BhNzfqC7\\_mqvaCDsE1Dumg/edit?utm\\_content=DAE9yatwxMc&utm\\_campaign=designshare&utm\\_medium=link2&utm\\_source=sharebutton](https://www.canva.com/design/DAE9yatwxMc/BhNzfqC7_mqvaCDsE1Dumg/edit?utm_content=DAE9yatwxMc&utm_campaign=designshare&utm_medium=link2&utm_source=sharebutton)

Link to pdf: [https://cei.iscte-iul.pt/wp-content/uploads/2022/09/module-ii-being-a-leader\\_compressed.pdf](https://cei.iscte-iul.pt/wp-content/uploads/2022/09/module-ii-being-a-leader_compressed.pdf)

Slide 1

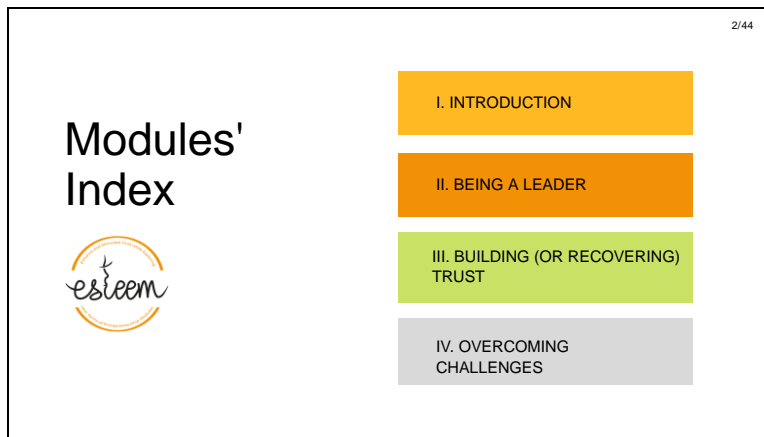


This module should have a minimum duration of 2h30 and a maximum of 3h00.

The duration per slide will depend on your group of trainees and the way the management of time suits better (eg. Smaller groups will need less time to interact and can watch the full videos. On the other hand bigger groups will need more time allocated for interaction activity and maybe adjust the time allocated to the videos and reflection)

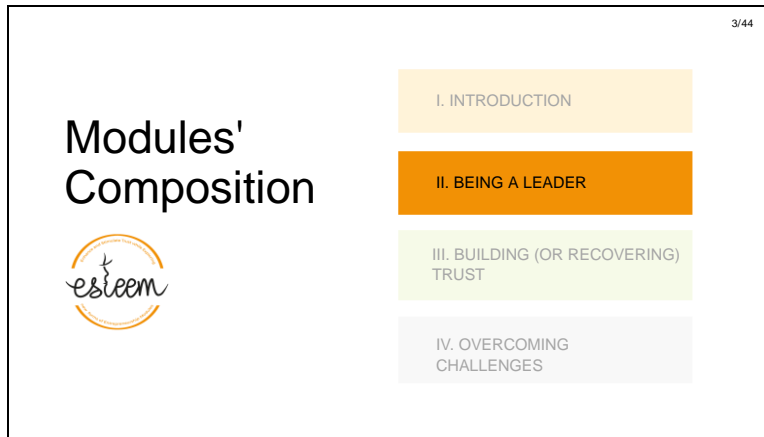
This module integrates a group of training modules. Nonetheless, each module can be used separately and the order can be changed, according to the need of each training.

Slide 2





Slide 3




We'll start with an overview of Module II – Being a Leader

Slide 4

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## II. MODULE

### BEING A LEADER



#### Objectives

**General objective:**  
To understand what is a leader and how to be a leader


Objectives of Module II – Being a Leader



Slide 5

II. MODULE

BEING A  
LEADER



Objectives

General objective:

To understand what is a leader and how to be a leader

Specific objectives:

Learn how to define Leadership;

Understand how to become a leader;

Identify the characteristics and types of leadership and apply this classification to you;

To define the best type of leadership for your business.


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Objectives of Module II – Being a Leader

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II. MODULE

BEING A  
LEADER



Expected  
Results

After completion of this module you will be able to:

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Expected results of Module II – Being a Leader



Slide 7

II. MODULE

**BEING A LEADER**



Expected  
Results

After completion of this module you will be able to:

- define and understand the concept of leadership;
- identify various paths to develop leadership skills;
- identify different types of leadership and to apply them to yourself and others;
- recognise the type of leadership that suits your business.

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Expected results of Module II – Being a Leader

Slide 8


II. MODULE'S TOPICS

**BEING A LEADER**

- (1) TO BE A LEADER:  
KEY STARTING POINTS
- (2) HOW TO BECOME A  
LEADER
- (3) CHARACTERISTICS OF A LEADER  
(interaction and personality)

- (4) PRACTICAL EXAMPLES OF  
LEADERSHIP
- (5) MODELS OF LEADERSHIP
- (6) PRACTICAL  
RECOMMENDATIONS  
& MODULE EVALUATION

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Topics that will be addressed in Module II – Being a Leader



Slide 9

## II. MODULE

### BEING A LEADER

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TYPES OF INTERACTIONS YOU WILL FIND DURING THE MODULE

|                                  |  |
|----------------------------------|--|
| ! Important                      | Write a comment                          |
| Reflect on the comments/question | Read                                     |
| Discuss together                 | Role Play                                |
| Watch Video                      | Additional information / Further reading |

Types of interactions you will find during the module – in each activity slide you will find an icon correspondent to the action to develop.

Slide 10





## Slide 11

(1) To be a leader:

key starting points

All together:  
through a common  
objective

Companies are the mirror  
of leaders & employees!

Activity to do:

11/44

There has to be a leader and a led!  
It is a complex process...but:

Leading people or teams is merely  
extracting the best that each talent  
can offer

What does it take to be  
a leader?

How am I as a leader?

Teaser slide for trainees to start thinking about the characteristics of a leader and how they are as a leader.

## Slide 12

(1) To be a leader:

key starting points

All together:  
through a common  
objective

Companies are the mirror  
of leaders & employees!

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Reminder:

- General objective:  
To understand what is a leader and how to be a leader
- Specific objectives:
  - Learn how to define Leadership;
  - Understand how to become a leader;
  - Identify the characteristics and types of leadership and apply this classification to you;
  - To define the best type of leadership for your business.

Just remind the objectives for this module and connect with the previous slide for a brief discussion.  
How do you define leadership?  
What are the characteristics you think that are important for leadership?



Slide 13



Slide 14

(2) How to become a leader

It is a complex process...but maybe:

- I should have a strong personality...
- I should have some specific skills...
- I should be motivated! And motivate my employees...

What else?

Activity to do:

14/44

Connection with the previous slide.

You can ask the trainees to write in a paper three characteristics of leadership. Gather all the papers and rank the characteristics they consider more important.

Maintain the list for another exercise at the end of the module.





Slide 15

(2) How to become a leader I

Believe in your performance!

!

**Need to have personal, technical skills and a vision**

- Ability to adapt, be flexible and innovate
- Be positive, resilient, trusting others and fostering trust
- Know how to communicate assertively
- Know how to effectively manage situations of frustration and fear
- Be able to maintain motivation levels and work in a team

- Believe in yourself and your abilities: promoting self-esteem, self-confidence and emotional intelligence
- Be able to set and accept personal challenges with passion and emotion
- Be creative
- Have a vision for the development of your business

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Explore the characteristics considered relevant for being a leader.

Slide 16

(2) How to become a leader II

Absolute need for (re)qualification and continuous learning ability & put it in practice!

- Be proactive / maintain learning ability & continuous formation (knowledge/education/ university education through programs);
- Have management capacity: human resources, planning, strategic vision to maximize objectives and anticipate difficulties;
- Learn specific skills related to each area of work, such as digital skills, negotiation skills, network performance, etc;
- Promote community insertion/support.

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Highlight the importance of life learning: continuous qualification and requalification.

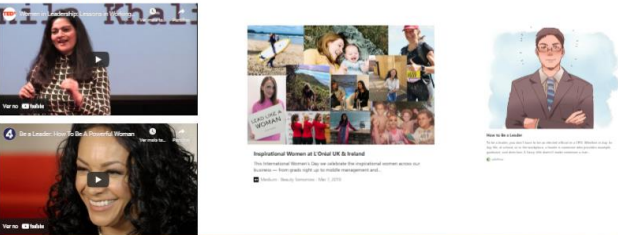


Slide 17

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### (2) How to become a leader

**Other useful links**




[Activity to do:](#)

Optional slide that has further information on the topic.  
(Just to be used by the trainees/organisations that have interest in  
exploring further this theme)

Slide 18

### (3) Characteristics of a leader

interaction and personality





Slide 19

19/44

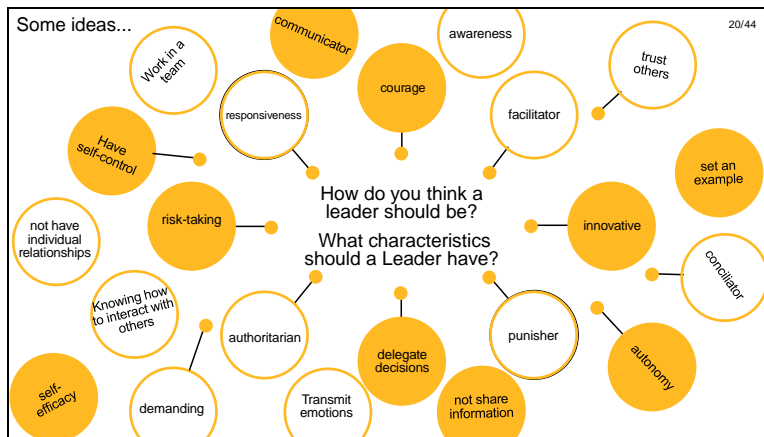
### (3) Characteristics of a leader (interaction and personality)

How do you think a  
Leader should be?  
What characteristics  
should a Leader have?

Activity to do:

Teaser slide to introduce the discussion about the next slide.  
You do not need to give a lot of time to think, and can go to the  
next slide to continue the thought.

Slide 20



Discussion about the topics trainees would decide to select when  
keeping in mind leadership.



Slide 21

(3) Characteristics of a leader  
(interaction and personality)

21/44

From all these adjectives presented before....

How do you see  
yourself as a leader?

After reflecting a bit about this question, discuss in group your choices.

Activity to do:

Slide 22

(3) Characteristics of a leader  
(interaction and personality)

22/44

1

How do you see/will see your employees?

2

How do you think they see /will see you?

After the previous reflection, discuss in group your choices.  
Also write and discuss your experience: relation leader <-> employee

Activity to do:

Group discussion about how they see themselves as a leader. If they don't feel comfortable making this discussion, you can propose to write it down in a paper and share with the group anonymously. The trainer will read it and discuss, and check if there are differences when compared with the identified characteristics.

This slide is optional, according to the need of your trainees to have employees or already having employees. Print this slide previously to give it to the trainees to fill during the training. Discuss the answers.  
(Trainees can write keywords or topics/bullet points)



Slide 23

(3)  
Characteristics  
of a leader  
(interaction and  
personality)

Technical aspects related to technical and management skills, and personal and interaction one's, are both relevant to the success of the leadership process

23/44

Introducing the importance of technical and management skills

Slide 24

(3)  
Characteristics  
of a leader  
(interaction and  
personality)

Some aspects to think about...

**TECHNICAL SKILLS**

- knowledge on the business area you work (empirical knowledge)
- education (for business that require specific academic skilling)

**MANAGEMENT SKILLS**

- planning or decision making
- networking
- innovation & creativity capacities
- risk-taking

**Skills of a Leader**

And personal & relational skills...

+info

**Communication Skills for Career Success**

By Ireland Editorial Team  
December 3, 2021

24/44

Description of the difference between technical and management skills.  
Check the link for the video about Communication Skills for Career Success.



Slide 25

(3)  
Characteristics  
of a leader  
(interaction and  
personality)

Personal  
&  
Relational skills

**Know how to communicate**

Active listen, transmit organized ideas and objectives & dialogue, be clear and objective/give feed back - it inspires the commitment & self efficacy on people

---

**Know how to work in a team**

Interacting with others paying attention to: the communication, trusting the others, and be committed.

---

**Having emotional Intelligence**

Need to recognize feelings, know how to generate, regulate & transmit emotions - enables to better manage barriers, have more self-efficacy and greater entrepreneurial skills (empathy, trust, courage, autonomy, flexibility, adaptability, commitment, resilience...

---

**Self efficacy**

It reflects the degree to which the person is able to successfully face challenges/enables persistence and motivation not to abandon the process

25/44

Introducing personal and relational skills (that complement the technical and management skills from the previous slide).

Relate each group to an action.

Example:

- Know how to communicate relates with actively listening, organise your ideas and objectives of dialogue. Be clear and give feedback.
- Know how to work in a team relates with interacting with other through communication, trusting and being committed.
- Have motional intelligence relates with recognizing feelings and transmitting emotions.
- Self efficacy relates to the drawing of feasible objectives, having a plan and facing the challenges to maintain the process.

Slide 26

(3)  
Characteristics  
of a leader  
(interaction and  
personality)

Do you have to be a  
Leader of success?

YES

OR

NO

Activity to do:

Justify your choice.

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26/44

Print this slide previously to give it to the trainees to fill during the training.

Raise the question of any of the trainees to have the real need to be a leader of success in their own business. Give some time for the trainees to “Justify your choice” according to their experience. Discuss the answers.

(Trainees can write keywords or topics/bullet points)




Slide 27


27/44

### (3) Characteristics of a leader (interaction and personality)


Other useful links




Top 7 Leadership Skills you should learn in 2022 to boost your career  
Discover 7 Leadership Skills you need to learn fast to give a boost to your career with IMD. Learn the world's #1 Business School  
IMD Business School




Servant leadership: How to lead with the h...  
Ver más de...  
YouTube



Great leadership starts with self-leadership...  
Ver más de...  
YouTube



What it takes to be a great leader...  
Ver más de...  
YouTube

Activity to do: 

Optional slide that has further information on the topic.  
(Just to be used by the trainees/organisations that have interest in  
exploring further this theme)

Slide 28

### (4) Models of Leadership


Let us look to some of the  
existing  
models of leadership





Slide 29

(4)  
Models of  
Leadership



29/44


What kind of leader am I?  
Let's see if i recognize myself...



Teaser slide to introduce the models of leadership.

Slide 30

(4) Models of Leadership



30/44

**Autocratic Leader**  
Task-oriented; planning and organization centralized on the leader, who maintains close supervision, defining the organization's objective without consideration for others' opinions.

**Democratic Leader**  
People and relationship-oriented; decisions are taken consensually; the leader communicates his/hers targets to the team without defining special missions for each member.

**Liberal Leader**  
Delegates tasks and decisions to the team members; team members can choose and decide about the most relevant tasks.

**Open Leader**  
Shares knowledge and information; his personality is evident for everyone, and he identifies with the way employees see him

**Unknown Leader**  
Generally, are introverted people, not sharing much about their abilities, knowledge and personal life

There are different theoretical models of leadership in the literature.

Some keywords are interest to identify in each one:


- Autocratic leader: centralised leadership, without considering feedback
- Democratic leader: relationship oriented, decisions by consense
- Liberal leader: delegation of tasks and decisions
- Open leader: knowledge and information share
- Unknown leader: not skilled in personal relations





Slide 31

(4) Models of Leadership



|  |       |
|--|-------|
| <b>Hidden Leader</b>   | 31/44 |
| Does not share all the information; is suspicious about others and lacks confidence in his team, generally used by people who are not confident in their capabilities.   |       |
| <b>Blind Leader</b>  |       |
| Has difficulty accepting other perceptions about his personality or ways of working.   |       |
| <b>Strategic Leader</b>  |       |
| Plan the structure, the resources and communicate them to the team, sharing their objectives with the employees. They are highly skilled persons who perfectly know their organizations, how to manage them and each individual of their teams.                            |       |
| <b>Organisational Leader</b>   |       |
| Implement/indicate processes that must be respected without deep connection with their subordinates. They think of the organisation as a system and pay less attention to each member of the team. They are highly skilled people with deep knowledge of the organization. |       |
| <b>Direct Leader</b>   |       |
| Have a strong team & individual relationships. They associate technical skills (hard skills) to personal skills (soft skills) and work by associating both. They are highly skilled people, and consider relationship skills as relevant as technical skills               |       |

There are different theoretical models of leadership in the literature.

Some keywords are interest to identify in each one:

- Hidden leader: confidence lack, information not shared
- Blind leader: feedbacks not accepted
- Strategic leader: strategic planner sharing objectives with employees
- Organisational leader: institutional planning and implementation
- Direct leader: highly skilled with strong team relationship

After describing by keywords each kind of leadership, you might use the post-it game or to promote a group discussion to determine a leader to see if trainees identify the different kinds of leadership.

For the post-it game, the trainer can choose a few of the models of leaders and write in a post-it. Distribute to some trainees, sticking it to their backs or forehead. The trainee with the post-it should ask some questions to be answered by the other trainees and guess which type of leader is written in their own post-it.



## Slide 32

**(4) Models of Leadership**

What kind of models of leadership you identify in these pictures?

32/44

Previously print this slide and the next (number 32 and 33) to give it to the trainees during the training.

The exercise will be attributing a keyword/ideas that the trainee associate with each image related with leadership.

## Slide 33

**(4) Models of Leadership**  
What kind of leadership you identify from these pictures?

33/44

**Brainstorm area (for each participant to write their ideas)**

|   |    |
|---|----|
| 1 | 7  |
| 2 | 8  |
| 3 | 9  |
| 4 | 10 |
| 5 | 11 |
| 6 | 12 |

**Our Main Ideas (discussion in group)**

Previously print this slide to give it to the trainees during the training.

The exercise will be attributing a keyword/ideas that the trainee associate with each image in the previous slide and related with entrepreneurship/leadership.

After filling the area on the left, check in group the keyword/idea attributed to each image by the trainees and reflect. Ask if the trainees have any previous experience to share about any of these leadership styles.



Slide 34

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### (4) Models of Leadership

Match the leader's sentences to the employee/team (column A) to the corresponding type of leader (column B)

| A. Attitudes & Behaviours   | B. Type of Leader         |
|---|---------------------------|
| A. We will meet to communicate to you the objectives of this task. What is important is that tasks are ready on time. | 1. Autocratic Leader      |
| B. I don't care what you think about !!! The decisions I have to make are mine alone.                                 | 2. Democratic Leader      |
| C. You should be punished because you didn't try hard enough!   | 3. Liberal Leader         |
| D. So how are you feeling today? Better?  | 4. Blind Leader           |
| E. Let's share what we've learned with other team members.  | 5. Hidden Leader          |
| F. I supervise... The organization is more important than all...  | 6. Unknown Leader         |
| G. Technical & personal skills are important, but technical are more required...                                      | 7. Strategic Leaders      |
| H. have special missions for each of you...   | 8. Organisational Leaders |
| I. My life & personality are a matter that only I've access   | 9. Direct Leaders         |
| J. Let's think about your skills...   |                           |

Previously print this slide to give it to the trainees during the training.

The exercise will be connecting the type of leader (column B) that is identified by the sentence (column A).

(This is an additional optional exercise on this topic)

Slide 35

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### (4) Models of Leadership

#### Other useful links

**Leadership Framework and models of leadership**  
We asked career coaches if they have a leadership framework, they were surprised if they could have a framework.  
Following Career - Leadership - March 2021

**Core Leadership Theories: Learning the Foundations of Leadership**  
Learn about four core leadership theories that can help you become a more effective leader.  
Mind Tools

**Leadership Models: What Are They and How Do They Differ?**  
Learn about leadership models, the difference between leadership styles and models, various types of leadership...  
Following Career Guide

Activity to do:

Optional slide that has further information on the topic.

(Just to be used by the trainees/organisations that have interest in exploring further this theme)



Slide 36




Slide 37


37/44

## (5) Practical examples of leadership

Read the interviews:




**MANUELA  
DOUTEL  
HAGHIGHI**  
in Portuguese Language





**FRANCISCA  
SHEARMAN DE  
MACEDO**  
Interview  
in Portuguese Language

Watch the video:



**HOW TO BECOME  
AN EFFECTIVE  
LEADER**  
Video

Activity to do:  

Activity to do during the training:

Read at least one interview and watch at least one video.

Note: Interviews/articles/videos can be changed and adapted to each national reality



Slide 38

(5) Practical examples of leadership 38/44

Read the interviews: Watch the video:

  
Discuss the examples in group

Activity to do: 

Activity to do during the training:

Discuss in group what you felt and what this previous interview/video led you to think about.

Some guide questions for discussion:

- The first interview refers to a manager from an international company which benefited from her previous experiences in very diverse contexts (national realities and sector realities). So it would be interesting to reflect if diverse experiences and to be subject to different kinds of discrimination can help you to find a way to affirm yourself.
- The second interview refers to an entrepreneur that decided to change activity to a different area concerning climate change and circular economy. So it would be interesting to ask if taking the risk is an example of leadership.
- In the video Steve Jobs talks about Apple experience. Subject to discussion would be how bringing creativity into the business can lead to business differentiation.




Slide 39


### (5) Practical examples of leadership

39/44

**Role Play:**  
**Negotiation**



- Persuasion / Ability to convince the audience;
- Good adaptability to problematic situations/and strong reactivity
- Innovative ideas and proposes solutions & adaptability
- Capable of taking on risks and facing stressful situations;
- A good communication: visual; verbal; corporal
- Ability to recognise successes and failures;
- Great self confidence, self esteem & emotional control

Activity to do: 

In practice the leaders have these abilities/skills listed in the slide.


A proposed exercise for this topic is a role play about negotiation of partnership.

The script for this Role Play follows as an attachment for this module.

Prepare previously the framework of the role play and print the necessary material (annex I of module II)

Slide 40

### (6) Practical recommendations & module evaluation





Slide 41

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## (6) Practical recommendations & module evaluation

Personal attributes are significant and impact the success of entrepreneurial projects:

Improve your self-efficacy and explore its relationship with self-esteem & Develop your social/relational and communication skills

Develop emotional intelligence with an appropriate focus, so that help to face perceived barriers more successfully.

Specific leadership skills must be developed considering the best for each business & social environment

Entrepreneurship connects with leadership!

Connects with personal capacities and a strong leadership personality

The application of entrepreneurship models depends on the local economy and the relation between entrepreneurs and the labour market.

Networking, and be connected in the community events related to your business, is an excellent way to develop leadership skills and your business

! It is important knowledge/access to education through programs to improve your leadership capacities

Reminding practical recommendations explaining how personal attributes and skills impact leadership and how to develop leadership skills.

At this point, pick up the first list ranked in the slide 14 and check with the trainees if they would ranked them in other order or add new characteristics.

Slide 42

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## (6) Practical recommendations & module evaluation

Start by reviewing how the module itself went and then go on to discuss what participants learn

- Did you enjoy it? What did you like and what did you dislike about it?
- Were there any surprises in the way the topics were approached? Which?
- Were you able to place yourself in some leadership model?
- Do you want to add any ideas concerning the proposals?

Quick feedback from the trainees about this module.  
To be completed with google form evaluation.



Slide 43

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## (6) Practical recommendations & module evaluation

**Reminder:**

**Expected Results**

- After completion of this module you will be able to:
  - define and understand the concept of leadership;
  - identify various paths to develop leadership skills;
  - identify different types of leadership and to apply them to yourself and others;
  - recognise the type of leadership that suits your business.

After this module, do you feel able to

define / identify / recognise these topics?

Checking if trainees feel that they achieved the expected results.

Slide 44

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Thank you for your participation!

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in @ESTEEM project

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